

Lesson Plan

Lacrosse History

Book: *Women in Lacrosse*

Series: She's Got Game

Level: Navigator

Objective

To help students demonstrate comprehension of key details from a text about the history of lacrosse.

Supplies

- *Women in Lacrosse* book
- Pencils and paper

Before the Activity

Read through the *Women in Lacrosse* book, or assign it to students to read on their own.

Activity

People have been playing lacrosse for hundreds of years. Today, students will explore how the sport has grown and changed over time. Divide the students into two teams. Have each team choose a scribe to write the numbers 1 through 21 on a piece of paper. Explain that for each number, you will read a statement about hockey out loud. Students in each group will work together to guess if the statement is true or false. Use the following list of statements, but don't reveal the answers until the end of the activity:

1. The first lacrosse players were indigenous peoples of North America.
A. True
B. False
2. All indigenous nations played exactly the same version of lacrosse.
A. True
B. False
3. Settlers in Canada began playing lacrosse in the 1800s.
A. True
B. False

4. A game at a school in Scotland in 1890 marked the beginning of modern women's lacrosse.
A. True
B. False
5. By 1926, women's lacrosse had spread to the United States.
A. True
B. False
6. Women's lacrosse is not at all different from men's lacrosse.
A. True
B. False
7. In the 1930s, women's lacrosse spread throughout the United Kingdom and Australia.
A. True
B. False
8. Between 1930 and 1970, lacrosse grew very quickly.
A. True
B. False
9. Most players were eager for lacrosse to become a sport with pro leagues.
A. True
B. False
10. In the 1970s, more schools began adding women's lacrosse teams.
A. True
B. False
11. The NCAA held its first lacrosse championship in 1982.
A. True
B. False
12. A total of 439 national teams played in the first Women's Lacrosse World Cup.
A. True
B. False
13. For much of the sport's history, lacrosse sticks were made from wood.
A. True
B. False

14. Plastic lacrosse sticks were much more expensive and harder to make.
A. True
B. False
15. Before the early 2000s, lacrosse was mostly played in just the northeastern United States.
A. True
B. False
16. Lacrosse has become less popular since the early 2000s.
A. True
B. False
17. During the 2010s, lacrosse was one of the fastest-growing US sports.
A. True
B. False
18. There are no women’s professional lacrosse leagues.
A. True
B. False
19. The number of college lacrosse players nearly doubled between 2006 and 2016.
A. True
B. False
20. In 2017, more than 300,000 women and girls in the United States played lacrosse.
A. True
B. False
21. Lacrosse was part of the Olympics for the first time in 2017.
A. True
B. False

Evaluation

After teams have written all 21 answers, have students correct their own work by listening to you read the answers out loud. Then, have each team calculate its score, adding 1 point for each correct answer. The team with the most points wins.

Standards

This lesson may be used to address the Common Core State Standards’ reading standards for informational texts, grade 3 (RI 3.1).