

## Lesson Plan

### Player Positions

**Book:** *Women in Volleyball*

**Series:** She's Got Game

**Level:** Navigator

### Objective

To help students use context clues and a glossary to determine the meanings of new words.

### Supplies

- *Women in Volleyball* book
- A large space to play a game

### Before the Activity

Read the *Women in Volleyball* book out loud, or have students read it on their own.

### Activity

An indoor volleyball team has six players. Each player has a certain position. Three of these positions can be found in the book's glossary. To review them, ask the following questions:

- What is a blocker? (Answer: A blocker is a player close to the net who stops the ball from entering his or her side of the court.)
- What is a digger? (Answer: A digger is a player who stops the ball from hitting the floor after a spike from the other team.)
- What is a setter? (Answer: A setter directs the team's offense.)

Next, have the class gather in the large space. Explain that they will play a game called Blocker, Digger, Setter. This game is similar to Rock, Paper, Scissors. But students will use different hand motions. Practice the following movements as a class:

- For "Blocker," students should raise their arms straight up over their heads.
- For "Digger," students should clasp their hands together and stick their arms out in front of their bodies, like the traditional volleyball hit.
- For "Setter," students should hold their hands just above their foreheads, with their open palms facing up.

Blockers beat Setters, Setters beat Diggers, and Diggers beat Blockers. Divide the class into pairs. To start the first round, students will hold their arms at a right angle. They will bounce their arms up and down and say, "Blocker, Digger, Setter, Kill!" On the word *kill*, students will choose one of the three positions. They will do the corresponding movement with their arms.

The student who wins remains standing. The other student should sit down. If there is a tie, students should duel again. After each round, the winners will find new partners and play again. Continue until there is just one student remaining. That student wins the game!

### **Evaluation**

Could students answer the questions about volleyball positions? Could they apply that knowledge to remember the motions for the game?

### **Standards**

This lesson may be used to address the Common Core State Standards' reading standards for informational texts, grade 3 (RI 3.4).